## World Obesity Federation's **Asks** ahead of the Third High-level meeting on NCDs



By 2025, 2.7 billion adults are expected to be overweight or living with obesity and the global medical bill to treat the consequences is estimated to rise to \$1.2 trillion. As such, we believe that actions to prevent, manage and treat obesity throughout the life course are of the upmost importance for helping to achieve the NCD targets. This needs to start with the recognition that obesity is not only a risk factor for NCDs, but a disease in its own right which needs urgent attention at the forthcoming High-level Meeting and within national responses to address NCDs.

## **Demand political action**

Call on your political leader to stand up in September at the UN and commit to the ending of the global obesity epidemic.

## Integrate obesity into Universal Health Coverage

Obesity prevention, management and treatment should be integrated into Universal Health Coverage as an 'essential health service'. We urge political leaders to use the forthcoming Third High Level meeting as an opportunity to build strong health systems, ensuring they are equipped to manage and treat obesity. Health services should provide people living with obesity with access to appropriate and safe treatments, medicines and support services as well as provide adequate access to specialist health workers. Provisions must be made to ensure health services and workers are sensitive to and do not perpetuate weight stigma.

