OBESE PLANET

What is Obese Planet?

Obese Planet is a campaign run by the World Obesity Federation focused on; driving action on childhood obesity, guaranteeing obesity is covered by Universal Health Coverage and ensuring obesity features prominently in the outcomes of the 2018 United Nations High-level meeting on non-communicable diseases (NCDs).

The campaign name reflects the fact that obesity is a global challenge; it also builds on the growing importance of the planetary health agenda.

What is the challenge?

Obesity affects the whole planet. Worldwide obesity has nearly tripled since 1975, leading to more than 1.9 billion adults being overweight in 2016 – over 650 million of people living with obesity.

This is not a 'rich world' problem – it affects all countries. Between 1980 and 2015, obesity in India doubled for children and tripled for adults. More than a quarter of Chinese children are expected to be obese or overweight by 2030.

1.9 million are overweight & 650 million of these are obese

Obesity is a global epidemic and the disease is a gateway to chronic diseases, people living with obesity are more likely to suffer from cancer, diabetes and cardiovascular diseases.